

Transforming Lives by
CARING AND ENABLING



Community Based Rehabilitation Centre

A Centenary Project of



Indian Chamber of
Commerce & Industry

Indian Chamber Building
Mattancherry, Kochi - 682 002
Phone: 0484 2227230



ABOUT US

DISHA started its journey in the year 1997 as a Centenary project of the Indian Chamber of Commerce & Industry, Cochin. The vision of the office bearers, at the time was to provide early intervention to children with disabilities, from 0 to 6, in and around the vicinity of Fort Kochi and Mattancherry.

As time went by, DISHA realized that its role needed to change to cater for a wider group in the Community. DISHA transformed itself to a CBR (Community Based Rehabilitation) centre for training and rehabilitation of young Persons with Disability - to enable them to become an equal part of the world around them as a Right-

"in tthis world of perfectionists".



DISHA STAFF & REHABILITATION ENABLERS

DISHA faculty includes dedicated teachers who have completed training in CBR, Physiotherapy and Cerebral Palsy, The selfless help from advisors, who have vast experience in the field of rehabilitation and early intervention along with the staff, makes a strong platform where individual abilities and needs are identified and appropriate intervention is provided. The parent group at DISHA has been a constant supportive force in enabling the rehabilitation process of their children. DISHA entertains volunteers from different countries who are dedicated to provide trainings in art, yoga, sensory integration activities etc. It has been a trend over the years where the foreign volunteers bring a breath of fresh air, amusement and a welcome change from the routine, as well as improvements in skills for the "ever eager to learn youngster's in DISHA



EXTRA CURRICULAR ACTIVITIES & TRAININGS

DISHA has taken on board, the importance of the need of the youngsters to indulge in physical activities as recreation; as well as engage in public interactions so as to prepare them to stand up for themselves to the best possible extent, to the hardships of the outside world: DISHA students participate in sport and art events regularly and more often than not, they come back with a handful of achievements.

Similarly the teachers also update themselves by attending various training sessions in view of catering to the needs of the students better; in every possible way.

DISHA has set up collaborations with hospitals, specialists, resource centers etc for various needs including Physiotherapy, Speech therapy etc



SUPPORT US

80G

DISHA, CBR project has availed the 80G exemption in view of receiving donations from people who are willing to help, out of which 50% of the donation made is allowed to be deducted from the taxable income.

DISHA has 15 students at present, most of them from underprivileged families. They are developing, well, and while we are happy about their progress we are also aware of the increasing needs that will help cater to their further development. DISHA spends about Rs. 40000/- per year on each student and the bar gets higher and higher as time goes by.

It will be a blessing and helping hand for the Students at DISHA, if you could sponsor this noble cause for a time period which you could afford.

Please Note

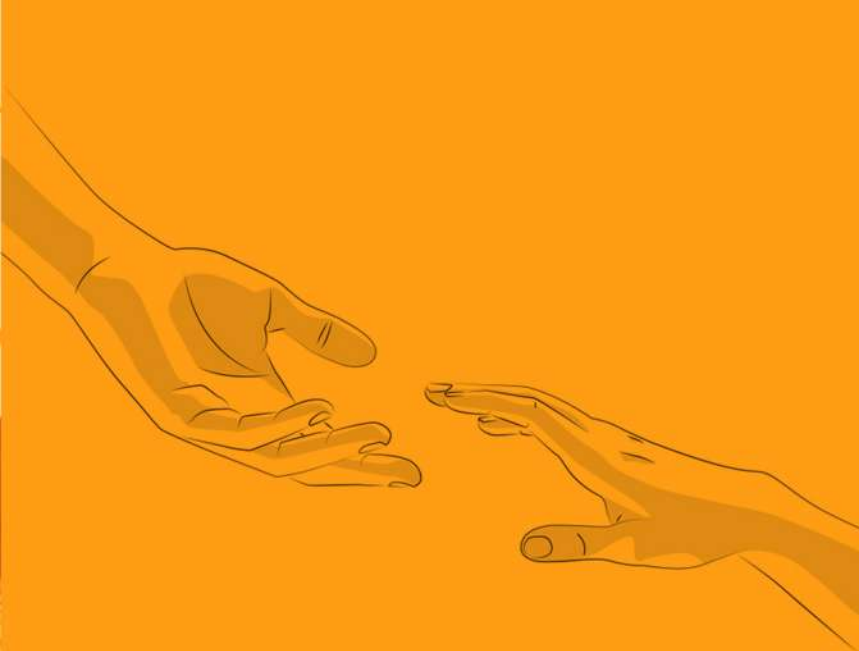
DISHA has availed 80G Exemption and 50% of all the donations made will be eligible to be exempted from income tax payment.

FUTURE VISIONS

- 1 Vocational Training
- 2 To have a set of regular Volunteers to support & oversee the activities at DISHA
- 3 To undertake pilot projects as part of research & development
- 4 To publish children's story books
- 5 To set up a charitable dispensary
- 6 Establishment of a book as well as toy/equipment library for children with multiple disabilities, autism, cerebral palsy, hearing impairment etc.



Please turn over if you wish to express your offer and support to the cause.



AT PRESENT

DISHA offers the following training for students

Activities of Daily life

Functional literacy and numeracy

Gross motor and Fine motor skills

Language and Communication skills

Physical management

Social and emotional development

Leisure activities

Pre-vocational activities

I would like to Sponsor.....
.....
student /students of DISHA for a time
period of.....month / months.

Name:.....

Company name:.....
.....

Address:.....
.....
.....

Signature:.....

Seal:.....

Date:..... /..... /.....

Checks may be drawn in favor of Disha
Vijaya Bank, Mattanchery
A/C: 200801011000501
IFSC: VIJB0002008

[Click here to fill the form online](#)



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